



Visual Curriculum Vitae

o8 Personal Philosophy

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Table of Contents

Sections

- 01 Introduction
- 02 Educational Background
- 03 Current position
- 04 Research
- 05 Presentations
- 06 Media Appearances
- 07 Grants & Awards
- 08 Personal Philosophy

Personal Philosophy

- Be an activist
- Be fearless
- Be a joyful traveler
- Be hopeful

Be an activist

- At the age of 23, Dr. West became a victim of academic sexual harassment.
- After several unsuccessful attempts to resolve the problem within the university judicial system, she mobilized other students, filed a complaint with the Equal Employment Opportunity Commission (EEOC) and a lawsuit...and WON!



Read her story at
www.DrCarolynWest.com

Be an
activist

RAD training creates survivors

By: Rachel E. DeForrest



The RAD program is in its second year at UWT. Dr. Carolyn West, associate professor of Psychology in the Interdisciplinary Arts and Sciences Program at UWT, procured grant funds to enable the program to start and even purchase new equipment for RAD classes. Now the program will no longer need to borrow equipment from other sources.

**Be an
activist**

Golden Deeds Award

**“In this unprecedented
time of crisis in our
nation’s history, thank
you for all that you do to
strengthen our
Tacoma/Pierce County
community through
your services.”**

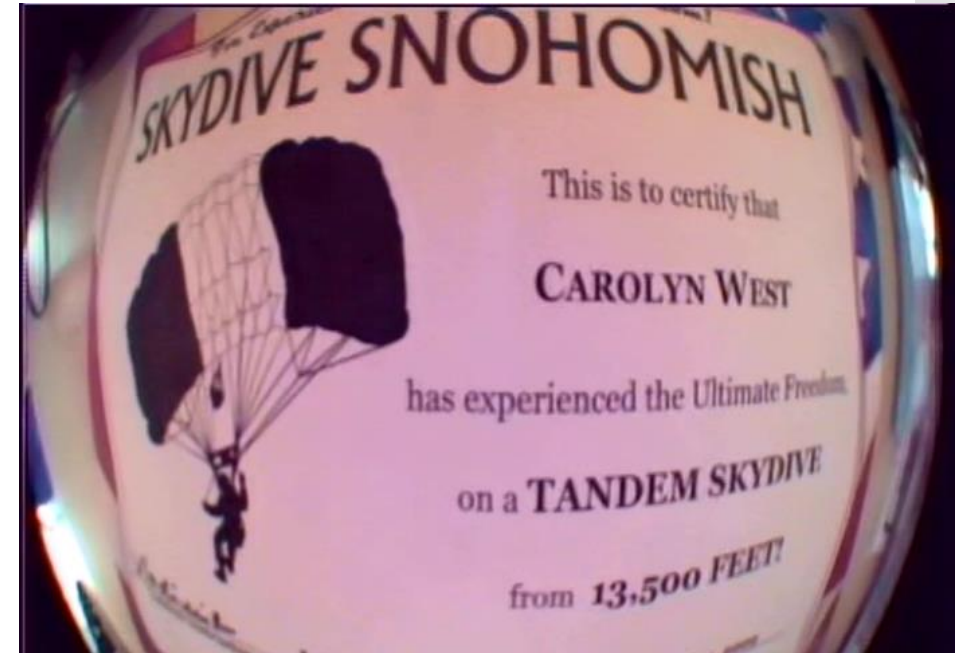


Be fearless

- *"When West is not teaching or researching, she likes to try things that scare her: last year she learned to sky dive, which actually inspired some students to face their own fears, and try sky diving as well."*

--Eva Revear

2013 Distinguished Teaching Honor Awarded to Dr. West



Be fearless

See video at:
www.DrCarolynWest.com



Be a joyful traveler

- Dr. West did a Study Aboard Trip at 7 concentration camps in Germany, Austria, Poland, and the Czech Republic.
- In 1990, she danced at the fall of the Berlin Wall.
- She has hiked canyons, including the Grand Canyon, in Arizona, New Mexico, Utah, and Colorado.



Cannon Beach, Oregon

Be hopeful

Help

Elevate

And

Liberate!

